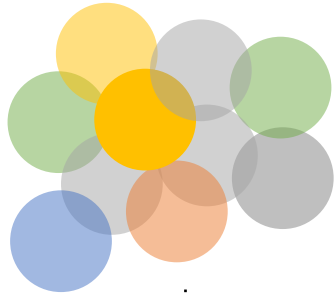


School Health Review - Most schools start with a review.

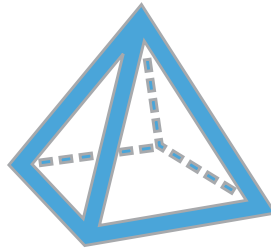
Identify Health Priorities



Examples

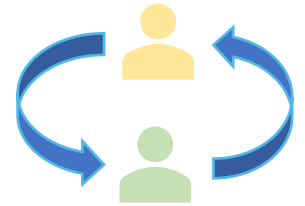
- Student support services
- Faculty & staff wellbeing
- Healthcare / medical services
- Health curriculum and SEL
- Advising model
- Food environment
- Crisis response
- Student engagement
- Staffing & PD needs
- Equity, Inclusion, & Belonging

Engage an Interdisciplinary Lens



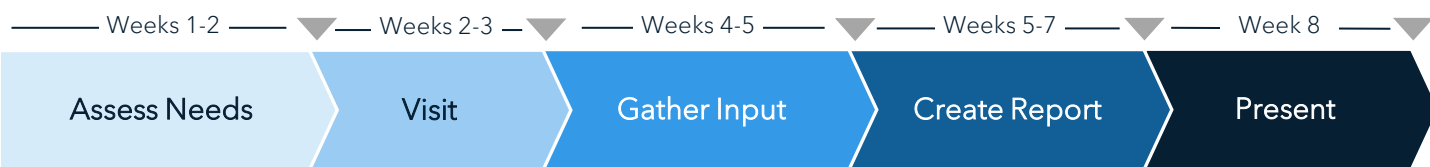
A collaborative, multi-cultural team of school leadership and health professionals builds trust through identifying existing strengths, listening to community members, visiting campus, and offering a mix of focus groups, interviews, surveys, and town halls to meet your school's needs.

Align Recommendations



We present recommendations based on our understanding of your school, data collected, research, and observations that address current and future priorities such as gaps in services, reducing risks, and supporting staff to implement any improvements.

Sample Engagement Timeline



School Health Solutions - Some schools need focused solutions or implementation support.

Coordinating Programs & Services

- Organizing student support services to align with school mission
- Developing consistent policies
- Auditing efficacy of current student interventions and equity of access to support services
- Identifying and integrating space and systems of record keeping solutions
- Role review and redesign
- Curriculum review, mapping, and lesson plan development

Professional Development

- Multicultural, LGBTQ+, and neurodiversity support and training
- Rekindling joy of teaching and learning
- Evidence-based parent education on various health topics (in-person & remote)
- One-to-one coaching
- Building community-wide understanding of mental health

Crisis Response

- Supporting response to crisis events
- Assisting crisis teams
- Repairing trust through objective assessment
- Engaging post-crisis community healing and restoration
- Health services restructuring

Core Team Members

Elevate's core team members are leaders in their respective fields. Together, they bring a diversity and depth of expertise required of today's challenges.



Michele Grethel, Ph.D., LCSW

Director of Counseling at The Spence School with 25 years of experience as a mental health provider and educator. Specialized in adolescent well-being, focused on LGBT identity. Demonstrated leadership in Independent Schools and community health services.



Miguel Marshall, Ed.D.

Former Associate Head and Health & Safety Director. **Fifteen years of youth-centered service.** Spearheaded NAIS' first best practices for school health. Former paralegal and Court Appointed Special Advocate (CASA). NAIS Sexual Misconduct Task Force member. First responder and co-founder of climbingdads.org. Collaborator, tech-integrator, and interdisciplinary leader.



Lydia Maier, MBA, LCSW

Former Assistant Head and Wellness Program Director at Waynflete School with 30 years of experience in the field of education. Founder of New England Youth Identity Summit and TIME in Maine, a restorative retreat for teachers. Raising kids in Maine with a private practice coaching school leaders.



Peishien Chiou, M.S., RDN

Nutrition educator and chef with **25 years providing food-centered experiences** and 15+ years developing curricula and providing support to school-based programs that serve children and youth in the New York City metro area. Avid community gardener, CSA organizer and public school parent.

Testimonials

"...We would highly recommend engaging with Elevate if you are looking for meaningful dialogue on how to best support students and navigate complex school environments to influence change."

Liz Cawrey, *Director of Internal Audit,*
Kamehameha Schools (HI)

"Elevate Health Consulting didn't give us the answers: they helped us to find the answers. More importantly, they helped us to find the questions....[they] made it a team undertaking."

Charlie Shaw, *Director of Stewardship,*
Cranbrook Schools (MI)

"We are profoundly grateful for the professional care and attention Elevate Health lavished on us as they tailored their services to meet the unique needs and contours of our school community as it sought to discern how we could enhance institutional attentiveness to the health and well-being of students and staff. Elevate's eagerness to listen carefully and then shape processes attuned to our concerns was amazing."

John Allman, *Head of School,*
Trinity School (NY)